BLOOD PRESSURE 2/4/7 REFERENCE GUIDE

Practice Tips for Severe BP Control



1 SEVERE BP ISN'T GOOD FOR ANYONE

We are defining severe blood pressure as systolic BP ≥ 160 and/or diastolic BP ≥ 100. Reducing sev BP greatly reduces the risk of hypertension complications.

160

What about BP control for care gap management?

We realize that success in our payer contracts requires a different BP target, and ultimately believe that what's good for clinical BP control will be good for achieving payer care gaps!

100

2 3 GOALS FOR 2021

	Our Objectives	Key Performance Indicators
	Fewer patients with severe BP	Reduce the number of Aledade patients who have severely elevated BP by 25%
	More timely follow-up	Decrease the number of patients with severe BP and no 30-day follow-up by 50%
	Disparity reduction	Reduce the disparity between Black and white patients who have severely uncontrolled blood pressure by 50%

3 BLOOD PRESSURE 2/4/7

Remember BP 2/4/7 for your practice's HTN control plan!

- Timely two-week follow-up visits for patients with severe BP
- For everyone to be involved in BP control
- **7** | Seven-day outreach call to keep patients with severe BP engaged

4 HOW TO GET THERE

IDENTIFY YOUR PATIENTS w/ SEVERE BP

In the App:

- BPSEV App Tags
- ☐ Daily Huddle
- Population Explorer



ESTABLISH POINT OF CARE WORKFLOWS



- ☐ Access the Daily Huddle or
 Daily Huddle Print to identify
 patients with BPSEV who
 have appointments today
- □ Follow clinical best practices, using the <u>Aledade BP</u>
 <u>Management Toolkit</u> as a guide
- ☐ Create visual cues in the EMR and the exam room if patient's in-office BP reading remains over goal
- ☐ Recheck BP before end of visit if the patient's first BP was elevated
- ☐ Schedule patient for next appointment before they leave the office; refer to Care Manager as indicated and available

ESTABLISH OUTREACH WORKFLOWS

Use Population Explorer
to generate list of
patients with severe BP
and no recent
appointment



- ☐ Create outreach and engagement plans
- ☐ Conduct 7-day outreach to patients with a severe BP reading

TRACK PROGRESS



☐ Tableau - BP KPI Tracking Dashboard (provided by RMD, PTS, CPS)